



110+ Icebreaker Questions for Introverts

Which decade do you love the most and why?

Are you a cat person or a dog person?

Are you a morning person or a night person?

Are you a traveler or a homebody?

Are you allergic to anything?

Are you an early bird or night owl?

Are you artistic?

Are you close with your family?

Are you more likely to get sucked into a social media rabbit hole when you work from home?

Are you more productive in a home office, at the kitchen table, from bed?

Are you more productive in the morning or at night?

Are you spring, summer, fall, or winter?

Are you sunrise, daylight, twilight, or night?

What was your favorite costume Halloween costume as a child?

As a child, what did you want to be when you grew up?

Beach or mountain?

Best book you've ever read?

Breakfast or dinner?

Can you speak any other languages?

Chocolate or vanilla?

Comedy or drama?

Would you rather sleep during the day or be up during night?

Deep sea or outer space?

Did you have an imaginary friend as a child?

Do you believe in luck?

Do you collect anything?

Do you consider yourself a trusting person?

Do you enjoy working from home or would you rather be in the office?

Do you have a favorite plant?

Do you have a favorite childhood video game?

Do you have any siblings?

Do you have collections of things?

Do you have lunch at home or head out to grab something to eat?

Do you know how to speak more than one language?

Do you like working from your house or prefer to go to coffee shops/co-working spaces?

Do you make your bed in the morning?

Do you or do you not like watching horror films?

Do you play any musical instrument?

Do you prefer big dogs or small dogs?

What is your favorite classic Disney movie?

Do you prefer team or individual sports?

Do you read, watch TV, or do something else to fall asleep?

Do you think you could live without your smartphone (or other technology item) for 24 hours?

Do you work better at home with background noise? Is the TV on? Radio?

Do you work better in the morning or at night?

Favorite Disney hero or heroine?

Friends or Seinfeld?

Halloween or 4th of July?

Has your taste in music changed in the last 10 years?

Have you ever been to summer camp growing up?

Have you seen any good movies recently you would recommend?

Hogwarts or Middle Earth?

Hot or cold?

What is your favorite movie genre to watch?

How and where did you first meet your best friend?

How do you feel is the best way to overcome challenges in life?

How do you relieve stress and anxiety?

How do you spend your weekends?

How do you stay productive and motivated working virtually?

How many books did you read last year?

If all your clothes had to be one color forever, what color would you pick?

If given the opportunity, would you go to space?

If you are to learn any new skill that is not related to work, what would it be?

If you could be any animal in the world, what animal would you choose to be?

If you could be guaranteed one thing in life (besides money), what would it be?

If you could be one superhero, which superhero would you be?

If you could change places with anyone in the world, who would it be and why?

If you could choose an imaginary friend, who would you choose and why?

If you could choose any person from history to be your imaginary friend, who would it be and why?

If you could choose one hobby that now seems out of your reach either financially or time-wise, what hobby would you take up and why?

If you could collect anything, what would it be?

If you could hang out with any cartoon character, who would you choose and why?

If you could have any superpower, what would you choose and why?

If you could have any unlimited supply of one thing for the rest of your life, what would you pick?

If you could have the power of teleportation right now, where would you go and why?

If you could instantly become an expert in something, what would it be?

If you could instantly learn any skill, what would it be?

If you could live any historical figure's life, which one would you choose?

If you could magically become fluent in any language, what would it be?

If you could read one book over and over for the rest of your life, what would it be?

If you could get rid of one thing in the world, what would it be?

If you could see one movie again for the first time, what would it be and why?

If you could sit on a bench in a beautiful woods, who would you like sitting next to you on the bench and why?

If you could turn the ocean into a liquid other than water, which one would you pick?

If you could write a book, what genre would you write it in?

If you had a time machine, would you go back in time or into the future?

If your house was on fire and you could only grab three things, what would they be?

Rain or snow?

Spring, summer, fall, or winter?

Teleportation or flying?

Tell us five things you always carry in your backpack!

Tell us what's your hero as a child. Why was he/she your hero?

Thunderstorms: scary or thrilling?

Use one word to describe your childhood bedroom.

What afterschool activity did you quit as a kid, and why?

What are your favorite pizza toppings?

What are your top three favorite phone apps?

What game show do you think you could win?

What is one place you have always wanted to visit?

What is something you would like to learn?

What is your favorite book genre to read?

What is your favorite cuisine?

What is your favorite television show and why?

What is your favorite way to unwind?

What's the most amazing thing you've seen in nature?

What's your favorite way to spend a rainy weekend at home by yourself?

What's your go-to TV show to watch at night?

Would you rather always be slightly late or super early?

Would you rather be able to run at 100 miles per hour or fly at 10 miles per hour?

Would you rather go out for the night or stay home?

Would you rather have invisibility or flight?

You can have anyone fictional as your imaginary friend, who do you choose and why?

